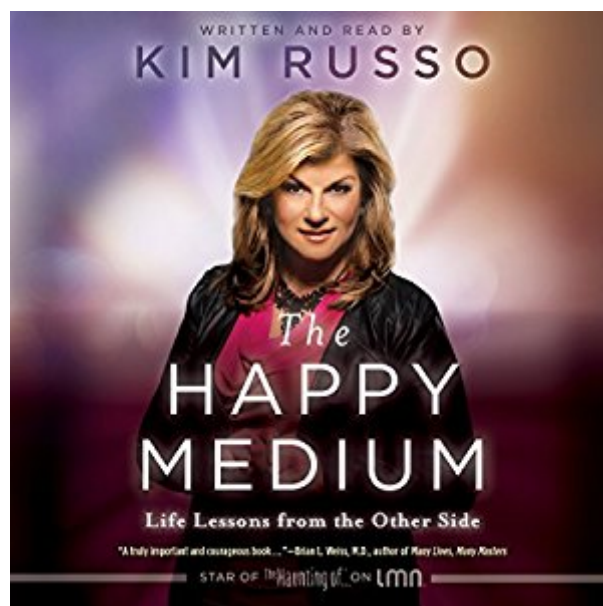


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# The Happy Medium: Life Lessons From The Other Side



## Synopsis

The world-famous medium and star of Lifetime Movie Network's number-one rated show *The Haunting of...* tells her story, shares some astonishing, never-before-revealed details of her celebrity readings, and teaches you how to harness your own energy and access the world beyond our own. When she was nine years old, Kim Russo discovered she had an amazing gift - she could communicate with the dead. Deeply skeptical, she denied her talent for years. But as she gradually reconciled her ability with her religious beliefs, Kim embraced who she is - and ultimately accepted her soul's mission as a voice for the spirit world. Known as the Happy Medium for her authenticity, her warmth, and her honest, positive readings, Kim has helped people from all walks of life to connect with those who have passed on. Now this world-renowned medium demystifies the world of the dead for everyone. The key to understanding, she contends, is energy, which cannot be destroyed. The Happy Medium interweaves experiences from Kim's life with some of the best, most astounding behind-the-scenes stories of her celebrity readings from episodes of her Lifetime show, *The Haunting of...* In addition she gives you the tools to access the energy that is all around us, including the experiments and lessons she uses in many of her sold-out appearances and courses around the world. Following her mantra, "Let them lead you", Kim shows you how to let the world of the dead guide you to greater understanding of life's biggest questions.

## Book Information

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## Customer Reviews

This book is part autobiography, part how-to. It is a combination of Kim telling the story of her

journey to becoming "The Happy Medium" and a how-to on awakening and cultivating your own awareness of the energy around you. The autobiographical part takes you from her childhood to present-day. She speaks of starting to see entities in her childhood and how other family members had experiences as well. She takes you on her journey of trying to understand what she could see and trying to reconcile her abilities with what she had been taught and believed about religion. She speaks of people she met who inspired her, helped her answer some of those questions, and helped guide her. The memoir aspect of the book alone was a fascinating read. But then there's more. There are sections throughout the chapters devoted to helping the readers open up and cultivate their own awareness. It isn't about summoning spirits, or using Ouija boards or doing seances. Nothing like that at all. In fact, Kim warns against things like that. It's all about energy. Energy within us, energy surrounding us...and how to teach ourselves to perceive it and understand it better. In her show, "The Haunting Of", Kim often uses the word "energy" to mean not only the aura surrounding a person and what they give off, but also entities, spirits, or souls. The how-to parts of the book are essentially step-by step instructions on how to re-learn and re-connect with that part of us that Kim says started out open and more perceptive as children and that, through living in the physical world and judging ourselves and everything else by the experiences of that world, became forgotten or dormant.

Sometimes one can find faith in some author's reading of a stranger, and sometimes it may not be enough. In-between that inner conflict may be one more book to find which could build credence to protect faith and overcome any doubt that had begun to creep back up from life's trials and tribulations. This book is it. Those unfamiliar with Kim's television appearances will have missed something, but her genuine nature can be sensed from these pages - a rare presence of a calming and enlightened soul who happens to be gifted in a number of ways. The surprise here is Kim's early beginnings, which is neither the crystal ball nor the chicken foot, but that other profound specialty we know as Past Life Regression Hypnosis, and she astonishes in an amazing fashion. And that's just one of the many unexpected twists and turns in her life, or perhaps better said of the entire phenomenon which happened her way and that it is, in fact, always present around us all regardless of our awakening to it. This is not about celebrities but about the everyday lives (and presences) we can all relate to. It is also not just about Hello's and Goodbye's, but the clues and missed clues along the way. It is not about demonic hauntings but the consequences of ourselves. It is about intuition and Love but not possession. It is about free will but not a free ride. It is also very human, as Kim often shares very personal experiences. Add a touch of

metaphysical resources and more into a whole lot of Soul and Afterlife topics and another world begins to open up â “ namely, oneâ™s very own reality.

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